



yoga on high

1081 N. High St. in the Short North 614.291.4444 yogaonhigh.com

Application for Basic Teacher Training Program (200 – Hour)

Name

Address

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Phone number (day) (evening)

Fax Email

Date of birth

On another sheet of paper, please answer the following question. Please limit yourself to four typed pages and reference the topic of the questions (i.e., yoga experience).

1. Describe your experience with yoga. With whom have you studied, for how long, in what method?
2. Describe your current yoga practice. Is it daily? Do you attend classes regularly? Of what does your practice consist?
3. Describe any injuries, disabilities or illnesses of which we should be aware. How are you addressing these? (Illness, disability or injury will not prevent your acceptance into this program.)
4. Briefly describe any body/mind, energetic, or spiritual practices with which you are or have been involved (including but not limited to meditation, Buddhism, Rosen method, dance, theater, Feldenkrais, massage, polarity therapy, Reiki).
5. Why are you interested in this program? Did you consider others?
6. Are you interested in teaching yoga or are you considering this training for your own self-exploration?

Please mail this to:
Marcia Miller
Yoga on High
1081 N. High Street
Columbus, OH 43201

We will call you for an interview.

Thank you for contacting us. We look very forward to working with you.

Namaste.