

# YOHI Workshops

Visit events and workshops at [www.yogaonhigh.com](http://www.yogaonhigh.com) for descriptions and details.

## Break Week Ashtanga Intensive

Martha Marcom, ERYT-500  
Monday, June 14 through Friday, June 18  
\$100.00 or \$75.00 with purchase of an unlimited pass; includes Modified Primary Series Card

## Teacher Training Open House

Wednesday, June 16, & Saturday, August 21  
Free

## Summer Potluck & Talent Show

Friday, July 16  
Free

## Bridging the Gap Between Modified & Primary Series

Kelly Rose Ward, RYT-200  
Sunday, July 18  
\$35.00

## Restorative Workshops

Gail Sky, RYT-500  
Sundays, July 18 & August 15  
\$35.00 per workshop

## Teacher Training: Hands-on Adjustments

Marcia Miller, ERYT-500,  
Martha Marcom, ERYT-500 &  
Linda Oshins, ERYT-500  
Sunday, August 8  
\$95.00

## Second Series

Tom Griffith, RYT-200  
Sunday, August 15  
\$25.00

## Level 4: Exploring Pigeon Pose

Marcia Miller, RYT-500  
Monday, August 30  
\$20.00

## Guest Workshops

### *Maty Ezraty Programs*

#### Master Class: The Art of Backbending:

**The Low Back and Pelvis**  
Friday, July 9  
\$85.00

#### Breath, Roots and Core: Detailing the Primary Series

Friday, July 9  
\$45.00

#### Asana Intensive from the Ground Up: The Blueprint Poses

Saturday, July 10, through Sunday, July 11  
\$200.00 by June 11; \$225.00 thereafter

### *Rodney Yee Programs*

#### Rodney Yee Teacher Training

Tuesday, September 7 through Saturday,  
September 11  
\$700.00 by July 23; \$725.00 thereafter

#### Open Class with Rodney & Colleen

Friday, September 10  
\$65.00

### *Upcoming Workshops*

#### Roger Cole

Friday, October 29 through Sunday, October 31  
\$220.00 by October 1; \$245.00 thereafter

#### David Swenson

Friday, November 5 through Sunday, November 7  
\$200.00 by October 8; \$225.00 thereafter

## Reiki

### Reiki: Trust and Doubt

Jodi Patton, RYT-500, Reiki Master  
Sunday, July 11  
\$35.00

### Reiki Clinic

Fridays, July 16 & August 20  
\$35.00 for a single appointment  
\$85.00 for a series of three

### How Do I Know If I'm Ready for Reiki Level II?

Gail Sky, RYT-500, Reiki Master  
Sunday, July 18  
Free, but pre-registration required

### Reiki Level II Class and Attunement

Gail Sky, RYT-500, Reiki Master  
Sundays, July 25, August 1, & 8  
\$250.00

### Reiki Master Readiness

Jodi Patton, RYT-500 &  
Gail Sky, RYT-500, Reiki Masters  
Saturday, August 28  
Free, but pre-registration required

### *Luann Jacobs Programs*

#### Individual Reiki Session

Friday, August 13, by appointment only  
\$100.00

### Reiki Research and Technique Update

Saturday, August 14  
\$40.00

### Community Reiki Share

Saturday, August 14  
Free, but pre-registration required

“In working with Maty Ezraty, I was able to understand and correct an old problem in my body. As a result of my study with her, I've found both ease and strength in my yoga practice. Thank you for bringing Maty to Yoga on High!”  
**-2009 Participant**

## Workshop Refund Policy

Weekend and weeklong workshops have variable deposits, fees and cancellation policies; details available from the front desk or on the website. No refunds on any workshops if cancelled less than 5 days before the workshop.